

*Night:*

**We give thanks for the gift of sleep  
but also the gift of struggle;  
awake may we watch with you,  
asleep, may we rest in peace.**

## PRAYERS

*As the community of the benefice of Glastonbury with Meare, apart and part of the whole, in isolation and in communion, near and far, together we pray . . .*



## COLLECT

### THE LORD'S PRAYER

Our Father in heaven  
hallowed be your name.  
Your kingdom come,  
your will be done,  
on earth as in heaven  
Give us today our daily bread.  
Forgive us our sins,  
as we forgive those who sin against us.  
Lead us not into temptation,  
but deliver us from evil.  
For the kingdom, the power and  
the glory are yours,  
now and for ever. Amen

### THE CONCLUSION

May God who raises us  
show us compassion and love. **Amen.**

Let us bless the Lord.  
**Thanks be to God.**

*Our candles are extinguished.*



*Material from: Common Worship, The Iona Community, Jim Cotter, Peter Millar, Janet Morley, The New Zealand Prayer Book, The St Hilda Community, Ray Simpson*

**You can also find copies of the Daily Office  
and suggested readings on St John's website  
under 'LatestNews'**

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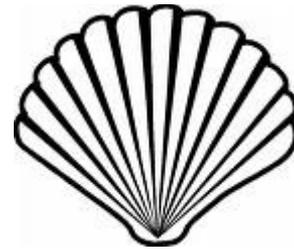
# The Benefice of Glastonbury with Meare

## Holding on to the Silence

## Holy Week

## The Daily Office

**Morning @ 8.30am ~ Midday @ 12 noon ~  
Evening @ 5.45pm ~ Night @ 9pm**



Eternal God, in these times  
when we fear we are losing hope  
or feel our efforts are futile,  
let us see in our hearts and minds  
the image of your resurrection,  
and let that be the source  
of courage and strength.

With that, and in your company,  
help us to face challenges and struggles  
against all that is born of injustice.

*From the Philippines*

*We begin by lighting a candle if possible and perhaps  
holding an object with which to pray.*

### PREPARATION

O Lord, open our lips  
**and our mouths shall proclaim your praise.**

We come before your presence  
**You who are common to us all.**

*Morning:*

**O God, set your blessing upon us  
as we begin this day together.  
Confirm in us the truth by which we  
rightly live, confront us with the truth  
from which we wrongly turn, as we offer  
this day and ourselves  
for you and to you.**

*Noon:*

O God who loves us, we offer this day into your keeping; our plans into your providence; our concerns into your love; our words into your silence; our activity into your stillness.

Look upon us in your steadfast love, that we may be instruments of peace in our broken world.

*Evening:*

Holy One, You have brought us through this day to a time of reflection and rest. Calm us, and give us your peace to refresh us. After creation, O God, you rested, so we give back our lives to you.

*Night:*

It is night. The night is for stillness.  
Let us be still in the presence of God.  
The night is dark.  
Let our fears of the darkness  
of the world and of our own lives,  
rest in you, O God.  
The night is quiet.  
Let the quietness of your peace enfold us,  
all dear to us and  
all who have no peace.

#### CANTICLE

We adore you, O Christ, and we bless you;  
by your holy cross your free the world.

God chose what is weak in the world  
to shame the strong.  
We preach Christ crucified,  
the power and the wisdom of God.

Christ committed no sin,  
no guile was found on his lips.

We adore you, O Christ, and we bless you;  
by your holy cross you free the world.

Glory to God, Source of all Being,  
Eternal Word and Holy Spirit:  
As it was in the beginning, is now  
and shall be forever. Amen.

#### INTRODUCTION TO READINGS

Spirit of Wisdom,  
take from us all fuss,  
the clattering of noise,  
the temptation to dominate by  
the power of words,  
the craving for certainty.

Lead us through the narrow gate of  
not knowing,  
that we may listen and obey,  
and come to a place of silence and stillness,  
of true conversation and wisdom. *Jim Cotter*

#### READINGS

#### SILENCE

*Morning:*

With the bread we need for today,  
feed us.

In the hurts we absorb from one another,  
forgive us.

In times of temptation and test, strengthen  
us.

From trials to great to endure, spare us.  
From the grip of all that is evil, free us.

*Noon:*

Holy One, at this hour Jesus Christ hung  
on the cross, stretching out his arms in  
love to all.

In darkness and in light,  
in trouble and in joy, helps us, O God, to  
trust your love, to serve your purpose  
and to praise your name,  
through Jesus Christ.

*Evening:*

Have mercy this evening on a surfeited  
world which, though grasping, can't be  
grasped by you.

Have mercy this evening on the weak and  
the broken, on the hungry, the homeless  
and souls without hope.